

The AET Inclusion Promises

8 Inclusion Promises

The eight GAP principles are also distilled into eight Inclusion Promises developed by the AET's Autistic Young Experts panel. This is a panel of autistic young people aged 16 to 25 from all over England who share their experiences of education and hold the AET team accountable for the work it does. The panel understands the challenges of education and are experts in what works best for autistic young people in education. The panel created the Inclusion Promises handout so that autistic pupils and their peers had a clear and accessible way of understanding the 8 principles, how they were interlinked with the AET's Standards and Competency Frameworks and what this meant for them.



We promise to:

1

Understand what you are good at, what you like doing, and when you might need help.

2

Listen to and act upon your ideas about how we can help you if you need it.

3

Listen to and work with the people who know you best and who you trust.

4

Make sure we are always progressing towards your goals and aspirations.

5

Make sure all staff know the best way to support you, both in and out of lessons.

6

Help you to get involved and be included in the activities you wish to participate in.

7

Work together to set achievable goals that are important to you, and that help you see how well you are doing.

8

Help you to feel safe, secure, empowered, and able to learn.

The AET Eight GAP Principles

Four Key Themes

The AET Schools Professional Development modules and materials are embedded within the AET's key themes of 'Understanding the Individual'; 'Positive and Effective relationships'; 'Enabling Environments', and 'Learning and Development'.

8 Principles of Good Autism Practice

The eight principles of good autism practice have emerged from an examination of the current evidence from research and practice, as well as key policies and the perspectives and insights of autistic individuals (Guldborg et al., 2019). The reports outlining this work are available to download for free on the Autism Education Trust website (www.autismeducationtrust.org.uk). They consist of two reports: Good Autism Practice: full report, and A Practitioner Guide to good autism practice in education. The diagram in this flyer shows how the 8 principles are embedded into the 4 themes.

Autism Standards and Competency Frameworks

The four themes and the 8 principles of good autism practice are closely interlinked with the AET Standards and AET Competency Framework. You can download these frameworks for free from the AET website and to find out how to implement them in your school, please see the demonstration videos provided (www.autismeducationtrust.org.uk).

