

1

### DON'T PRY

You can't see if someone is autistic.

It is an invisible condition. If they want to tell you they are autistic, they will tell you.

2

### BE PATIENT

If someone is not responding to you, give them a bit more time or maybe they need some space and time on their own.

An autistic person may not respond straight away, but that doesn't mean they aren't listening.

3

### BE KIND

Some people may learn in a different way.

Like everyone, autistic people have different strengths and may need support in different areas. Their learning may not look like yours. Be supportive.

Give them space and understanding so that they can learn too.