

# vestibular

also known as 'balance'



## hyposensitive

decreased arousal, undersensitivity

e.g.

Need for rocking,  
spinning swinging

Seeks opportunities for  
movement

Constantly  
moving/fidgeting



## hypersensitive

increased arousal, oversensitivity

e.g.

Dislikes playground  
equipment (swing/slide  
etc)

Difficulties in activities that  
include movement (sport)

Difficulties in stopping  
quickly or during an  
activity