

tactile

also known as 'touch'



hyposensitive

decreased arousal, undersensitivity

e.g.

Holds other tightly

Has high pain threshold

Self-harming

Enjoys heavy objects on top of them

Prefers tight clothing

hypersensitive

increased arousal, oversensitivity

e.g.

Touch can be painful and uncomfortable

Only tolerates certain material for clothing

Dislike of having anything on hands or feet

This #GoodAutismPractice bite-sized learning resource is an extract of Tool 40 of the AET Tools for Teachers, a comprehensive collection of practical strategies and tools designed to support classroom success. You can access the original resource by clicking [here](#).