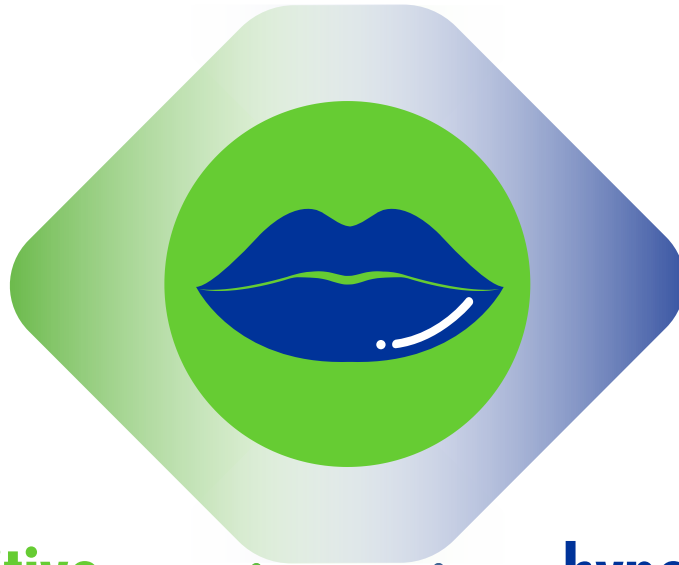


gustatory

also known as 'taste'



hyposensitive

decreased arousal, undersensitivity

e.g.
Preference for strong
flavours - may like very
spicy food

Eats everything e.g.
grass, soil, materials -
this is known as 'pica'

hypersensitive

increased arousal, oversensitivity

e.g.
Some flavours and foods
are too strong and
overpowering

Certain textures also cause
discomfort; some will only
eat smooth foods such e.g.
mash potato

Only eats bland foods

This #GoodAutismPractice bite-sized learning resource is an extract of Tool 40 of the AET Tools for Teachers, a comprehensive collection of practical strategies and tools designed to support classroom success. You can access the original resource by clicking [here](#).